



Avoidable Medication List

Care4Dystonia, Inc.

The following medications are known to induce *acute* dystonic reactions which may lead to a more *permanent* form of dystonia. We have color-coded this list according to each agent's use in medicine. Further information about each agent can be found at RxList - <http://www.rxlist.com/>. Feel free to print and distribute this useful form.

> Reading the Table - Color Codes

- ▶ antidepressant (medications to control symptoms of depression and anxiety disorders)
- ▶ anti-nausea agent (medications used to control nausea, stomach upset)
- ▶ neuroleptic (medications used to control psychosis, certain mental illnesses)
- ▶ anti-anxiety, anti-convulsant, other
- ▶ anti-hypertensive (medications used to control high blood pressure)

alprazolam	Xanax
amitriptyline	Elavil, Endep
amoxapine	Asendin
benzquinamide	Emete-Con
bupropion	Wellbutrin
buspiron	Buspar
carbamazepine	Tegretol
chlorprothizene	Taractan
chlorpromazine	Thorazine
clomipramine	Anafranil
clozapine	Clozaril
desipramine	Norpramin
diphenhydramine	Benadryl
doxepin	Adapin, Sinequan
droperidol	Innovar
fluoxetine	Prozac
fluphenazine	Prolixin
haloperidol	Haldol
imipramine	Tofranil
levodopa	Larodopa, Sinemet
lithium	Eskalith, Lithobid

loxapine	Loxitane
mesoridazine	Serentil
metoclopramide	Reglan
midazolam	Versed
molindone	Moban
nortriptyline	Aventyl, Pamelor
perhenazine	Trilafon
phenytoin	Dilantin
pimozide	Orap
prochlorperazine	Compazine
promazine	Sparine
promethazine	Phenergan
protriptyline	Vivactil
thiethylperazine	Torecan
thiothixene	Navane
trifluoperazine	Stelazine
triflupromazine	Vesprin
thioridazine	Mellaril
trazadone	Desyrel
trimipramine	Surmontil
verapamil	Calan, Isoptin